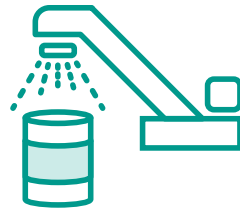


# The Toronto Little Free Pantries Project

# Give what you can. Take what you need.

Kindly do not leave perishable items.  
Use this community pantry at your own  
discretion and please remember to wash  
or sanitize your hands and items!



For more information and to find other locations,  
please visit: [torontolittlefreepantriesproject.com](https://torontolittlefreepantriesproject.com)

## Commonly Needed Items:

Rice	Canned fish
Oatmeal	Canned and dried beans (lentils, chick peas, etc)
Fruit juices	
Peanut butter	
Pasta	Baby Food and Formula
Pasta Sauce	Diapers
Canned fruit and vegetables	Toiletries and personal hygiene products
Canned soup, stew, chili, etc.	